WHAT'S THE INITIAL GOAL YOU HAVE IN MIND?

EXPAND ON THIS GOAL USING THE SMART ATTRIBUTES

WHAT DO I WANT TO ACHIEVE? BE PRECISE.

s

SPECIFIC

# M

MEASURABLE

HOW WILL I KNOW l'VE REACHED MY GOAL?

WHAT ARE METRICS AND MILESTONES I NEED TO HIT ALONG THE WAY?

IS THIS GOAL REALISTIC FOR ME?

WHAT SUPPORT DO I NEED TO MAKE SURE I ACHIEVE MY GOAL?

A

ATTAINABLE

# R

RELEVANT

WHY IS THIS GOAL WORTHWHILE?

DOES IT SUPPORT THE WIDER TEAM AND MY OTHER RESPONSIBILITIES?

WHEN DO I WANT TO ACHIEVE THIS GOAL? WRITE DOWN A TARGET DATE.

**T**

TIMELY